

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Safeguarding:

At St. Basil's Catholic Primary School we are committed to providing a nurturing, caring and safe learning environment where pupils thrive, are confident, happy and secure. **If you have any safeguarding concerns, then please speak to one of our Designated Safeguarding Leads.**

For further information about Safeguarding at St Basils please see the following documents by either clicking the link or scanning the QR code;

Safeguarding Parents Leaflet

[20097821 \(stbasilsprimary.halton.sch.uk\)](https://stbasilsprimary.halton.sch.uk/20097821)



Child Friendly Leaflet

[20095039 \(stbasilsprimary.halton.sch.uk\)](https://stbasilsprimary.halton.sch.uk/20095039)



Designated Leads for Safeguarding at St Basils:

Mrs Sheppard (HT)

Mrs O'Donnell (DHT)

Mrs Bond/Miss Yearley (Family Liaison & Welfare Officers)

Miss Abbot/Mrs Jones (SENCO)

Mrs McCabe (Attendance)

Mr Duffy (Pupil Welfare Governor)

Attendance update

Please be aware that students who have an attendance of below 90% will not have their absences authorised unless medical evidence is provided.

You can view your child's absence record via the School Gateway App. You access this via the reporting tab and then Attendance, it will give you your child's attendance rating.

Thank you for your co-operation.

WEEKLY ATTENDANCE (Colour coded in line with the traffic light system)

Week commencing 11.09.2023

Well done to class FSAR with the highest rate of attendance!!



FSAR	1DD	2LG	3NC	3AW	4CG	4GS	5JS	6CH	6KL
99.5	98.5	96.2	92	92.1	97.1	98.3	96.7	95.6	97.2

Dental Screening FSAR, Y1, Y2 and Y3 / FLU Vaccination Forms

Can you please return the above mentioned forms to school as soon as possible if you haven't already done so.

Thank you.



Mental Health and Wellbeing

There is a fantastic parent toolkit on the BBC Bitesize website with lots of useful articles about various different topics for parent/carers, you can access this via the following link

[Parents' Toolkit - BBC Bitesize](#)

We will share links on a regular basis, to articles you may find useful. This week we are sharing the following link

[Five ways to help your child settle back into the school routine - BBC Bitesize](#)

There are also some really great articles/activities for children which are age appropriate based on your selection. Please visit the following link to access this

[Home - BBC Bitesize](#)

DATES FOR YOUR DIARY



Y5 Williamson Art Gallery Trip - Wednesday 27th September

Y6 Thurstaston Beach Trip - Wednesday 27th September

PTA 2p Challenge - Friday 6th October

Parent Consultations - Monday 16th and Wednesday 18th October

Friday 27th October—INSET Day

Please check for updates on future newsletters

Thank you!

Afterschool Club Timetable

We do still have some places available on the following clubs

Y1 and Y2 Mindfulness

Y3/4 Quidditch

Y5/6 Quidditch

Y5 and Y6 Basketball









	Week 1 25/09/23	Week 2 02/10/23	Week 3 09/10/23	Week 4 16/10/23	23/10/23	30/10/22	06.11.23	Week 5 13/11/23	Week 6 20/11/23	Week 7 27/11/23	Week 8 04/12/23	
Monday	Y1 Mindfulness Y4 Multisports	Y1 Mindfulness Y4 Multisports	Y1 Mindfulness Y4 Multisports		Y1 Mindfulness Y4 Multisports	Half Term		Y1 Mindfulness Y4 Multisports	Y1 Mindfulness Y4 Multisports	Y1 Mindfulness Y4 Multisports	Y1 Mindfulness Y4 Multisports	
Tuesday												
Wednesday												
Thursday	Y2 Mindfulness Y5/Y6 Quidditch AM Y5 Basketball PM	Y2 Mindfulness Y5/Y6 Quidditch AM Y5 Basketball PM	Y2 Mindfulness Y5/Y6 Quidditch AM Y5 Basketball PM	Y5/Y6 Quidditch AM Y5 Basketball PM	Y2 Mindfulness Y5/6 Quidditch AM Y5 Basketball PM			Y5/Y6 Quidditch AM Y5 Basketball PM	Y2 Mindfulness Y5/Y6 Quidditch AM Y5 Basketball PM	Y2 Mindfulness Y5/Y6 Quidditch AM Y5 Basketball PM	Y2 Mindfulness Y5/Y6 Quidditch AM Y5 Basketball PM	Y2 Mindfulness Y5/Y6 Quidditch AM Y5 Basketball PM
Friday	Y3/Y4 Art club Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 Art club Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 Art club Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 Art club Y3/Y4 Quidditch AM Y6 Basketball PM			Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 Art club Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 club Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 Art club Y3/Y4 Quidditch AM Y6 Basketball PM	Y3/Y4 Art club Y3/Y4 Quidditch AM Y6 Basketball PM

If your child has not already done so and would like to register their interest in one of the above mentioned clubs , then please contact school.

Please complete and return the slip sent out previously or contact school on 0151 424 7887.




Thank you.

Week commencing 25.09.23 School Meal Menu is Week 1

WEEK 1	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni Cheese with crusty bread	Chicken goujon with diced potato 	Roast of the day with gravy and roast potatoes	Brunch Sausage hash brown beans a fresh tomato 	Fish of the day with chips
VEGETARIAN MAIN DISH	Quorn hotpot with crusty bread	Vegetarian meatballs in a tomato sauce served with spaghetti 	Quorn roast with gravy and roast potatoes	Vegetarian brunch Veggie sausage hash brown beans and fresh tomato 	Quorn nuggets with chips
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Strawberry whip	Shortbread biscuit and mandarins	Jelly 	Carrot cake 	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO	Cheese	Beans	Tuna	Cheese and beans	Tuna

MENU

Variety is the key to a healthy diet, try something new today!

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE



PRE-SCHOOL

at St Basil's Catholic Primary School

3-4 Year Old Places Available Now

Offering morning, afternoon and full days for 15 and 30 hour funded places.

BOOK NOW PLACES ARE AVAILABLE

Please contact the School Office on **0151 424 7887** to book an appointment



St Basil's Catholic Primary School
Hough Green Road, Widnes, Cheshire, WA8 4SZ
Telephone: 0151 424 7887

We love, learn and succeed following Jesus



National
Online
Safety

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday

Publish date: 07/11/18



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



2

3

PLAY AGAIN?
YES NO

How does this game/app work?
Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.



Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



4

5



Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.



Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



6

7

Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.



IN ADDITION TO THE BELOW SESSIONS, WE WILL ALSO HOLD A SESSION IN SCHOOL ON WEDNESDAY 8TH NOVEMBER 9AM TO 12PM. Please contact school on 0151 424 7887 if you would like to attend the session being held at school.

Help for Households in Halton



Would you like to learn a new skill or expand your current knowledge? If you take home less than £26,000 a year, come and join our **FREE** taster cookery sessions.

Sessions last for two hours and at the end of the session you will receive a **FREE slow cooker** and a **FREE food voucher for your local supermarket**. The scheme is funded by the household support fund which has come to us via central government.

To qualify you must:

- Live in one of the following wards, Halton Castle, Halton Lea, Central & West Bank, Grange, Appleton or Hough Green
- Take home less than £26,000 a year or receive benefits

	Venue	Date	Time
Runcorn	Halton Lea Library	Wednesday 18th October	10:30 - 12:30
Runcorn	Castlefields Community Centre	Thursday 19th October	10:00 - 12:00
Runcorn	St Andrew's Church, Grange	Thursday 26th October	10:00 - 12:00
Widnes	Transform Widnes (St Paul's Church)	Monday 23rd October	10:00 - 12:00
Widnes	St Basil's Parish Club	Wednesday 25th October	10:00 - 12:00



To secure your place, contact us on



- **0151 511 5200**. You may be asked to leave your name and phone number and we will contact you back as soon as possible.



- E-mail us at public.health@halton.gov.uk

Help for Households

HALTON
BOROUGH COUNCIL

Fit 4 Life Bite Size Sessions



Join us for our online parent/carer workshops:

SLEEP & SCREENS

Did your children sleep well last night? In this session we will explore how the length and quality of sleep can affect us and our children. Pick up new tips and ideas to promote good quality, restful sleep. We will also look at how screens affect our children, and share ideas for managing screen time better.

FUSSY EATING & SNACKING

Are your mealtimes stressful? It's easier said than done to get children to try new foods. In this session we will share tips and techniques to encourage your child to eat more variety. We will also talk through the steps to food acceptance. We'll share healthy snack ideas as we look at alternatives to sugary snack favourites.

PHYSICAL ACTIVITY & SUGAR

Would you like to be more active as a family? Children love to be active but as they grow, their attitudes towards physical activity may change. We have some great tips and information on overcoming barriers, how sugar affects our body and the effects caffeine has on our brains.

These workshops are for parents and carers. **Choose from the following sessions:**

45 Minute - Online Workshop

Fussy Eating & Snacks	Sleep & Screens	Physical Activity & Sugar
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To see available dates & to book your place please scan the QR Code, visit

<https://halton.me/parent-carer-bitesize-sessions-booking-form/>

Or email HIT@halton.gov.uk



For more information call the team on:

0300 029 0029

or visit www.haltonhealthimprovement.co.uk



@HaltonBC



Halton BC

Admission to Secondary School September 2024

If your child is in Year 6 they are eligible to apply for Year 7 class in September 2024, and you can apply NOW:

- You must complete a preference form online at [School admissions website](#), where you will be given a receipt
- A paper copy of the preference form can also be requested from schooladmissions@halton.gov.uk or at any Halton Direct Link Office
- All **online** applicants will receive their offer of a school place electronically on the 1st March 2024
- Offer letters will be posted to applicants who submit a paper preference form on 1st March 2024
- **Don't leave it too late** – you are likely to miss out on the school place you want if you apply late. **Deadline is 31st October 2023**



Closing date for Secondary School Applications:
31st October 2023

Admission to Primary School September 2024

If your child was born between 01/09/2019 and 31/08/2020 they are eligible to start Reception class in September 2024, and you can apply NOW:

- You must complete a preference form **online** at [School admissions website](https://www.halton.gov.uk/schooladmissions), where you will be given a receipt
- A paper copy of the preference form can also be requested from schooladmissions@halton.gov.uk
- All **online** applicants will receive their offer of a school place electronically on the 16th April 2024
- Offer letters will be posted to applicants who submit a paper preference form on the 16th April 2024
- **Don't leave it too late** – you are likely to miss out on the school place you want if you apply late. **Deadline is 15th Jan 2024**



Closing date for Primary School Applications:
15th January 2024

What is safeguarding?

Ensures that every child, regardless of their age, disability, gender reassignment, race, religion or belief, sex, or sexual orientation, has a right to equal protection from harm.

Safeguarding is the steps that people take to protect children and vulnerable people from harm.

Examples of safeguarding concerns to look out for:



Physical

A group of children start pushing or hitting a smaller child when an adult is not looking



Emotional

You see a crying child run towards their parent who responds in a harsh manner using inappropriate language



Sexual

A teenage girl walking home is catcalled and harassed, or being touched without consent



Neglect

You see a child wearing the same dirty clothes everyday and who steals food from other children



How can you help?

If you ever see anything happen to a child that makes you feel uncomfortable, please let your safeguarding lead / person know. You are not causing problems but it could save a child from unnecessary harm.

Any one of these things might not mean anything, but if your safeguarding lead / person isn't told, then they can't help.

Speak to:

Speak to me
to find out
more

FOR EVERYONE,
EVERYWHERE.

For safeguarding resources visit: thesafeguardingcompany.com

ICON

Babies Cry, You Can Cope!

I

Infant crying is normal and it will stop!

Babies start to cry more frequently from around 2 weeks of age.

The crying may get more frequent and last longer.

After about 8 weeks of age babies start to cry less each week.

C


Comfort methods can sometimes soothe the baby and the crying will stop.

Think about are they:

- hungry
- tired
- in need of a nappy change

Try simple calming techniques such as singing to the baby or going for a walk.



It's  to walk away if you have checked the baby is safe and the crying is getting to you.

After a few minutes when you are feeling calm, go back and check on the baby.

N

Never, ever shake or hurt a baby.

It can cause lasting brain damage or death.

If you are worried that your baby is unwell contact your GP or call NHS 111.

Speak to someone if you need support such as your family, friends, Midwife, Health Visitor or GP.

© Hampshire Clinical Commissioning Groups Safeguarding Children Services

You can also find out more information about 'how to manage when a baby cries' on the following link

[ISL188 20 ER ICON babies cry \(iconcope.org\)](https://www.iconcope.org/)

And more advice for parents on

<https://www.iconcope.org/advice-for/parents/>



Halton Housing



Destination
Upton Join us on
the journey

Launch Fun Day

23rd September
1pm - 3pm

Upton Community Centre

Activities include

Climbing wall • Bouncy castle • Face painting

Admission is free but you
must obtain a ticket



SAINTS PETER AND PAUL
CATHOLIC HIGH SCHOOL

OPEN EVENING

SEPTEMBER 2024 AND 2025 ADMISSIONS

WEDNESDAY 27TH SEPTEMBER
4:00 - 7:00PM

TAKE A LOOK.
BE INSPIRED.
BE P≠P.

YEAR 6 STUDENTS WHO WOULD LIKE TO
VISIT BEFORE STARTING WITH US IN
SEPTEMBER ARE ALSO WELCOME TO ATTEND



You are always welcome to any mass within St Wilfrid's Parish, timetable is below

Mass & Service Times

Sunday Mass Times

Saturday Vigil	St Bede	5:00pm
	St Basil	5:00pm
Sunday	St Bede	9:00am
	St Michael	9.30am
	St John Fisher	10:30am
	St Bede	11:15am
	St Bede	4:00pm

Weekday Mass Times (see parish newsletter for weekday variations)

<p>Monday</p> <p>St Basil</p> <p>9.00am Exposition & Morning Prayer</p> <p>9.30am Holy Mass</p>
<p>Tuesday</p> <p>St Bede</p> <p>11:30am Exposition & Holy Rosary</p> <p>12 Noon Holy Mass</p>
<p>Wednesday</p> <p>St Bede</p> <p>6:30pm Exposition & Evening Prayer</p> <p>7:00pm Holy Mass</p>
<p>Thursday</p> <p>St Michael</p> <p>11.30am Exposition & Holy Rosary</p> <p>12 Noon Holy Mass</p>
<p>Friday</p> <p>St John Fisher</p> <p>9.00am Exposition & Morning Prayer</p> <p>9.30am Holy Mass</p>
<p>Saturday</p> <p>10.00am Holy Mass</p> <p>10.30am Confessions and Holy Rosary</p>

St Bede's Church is open for private prayer Monday to Friday 10.00 - 13:00