

St. Basil's

Catholic Primary School

In God's love we learn and succeed by sharing and caring together.

SEPTEMBER

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

School Trips

If your child has recently brought home a school trip letter please ensure you return the consent form to your child's class teacher and pay for the trip via school gateway. If unable to pay via school gateway, please contact the school office who can print a pay point voucher.

The trips include a range of activities and will be a fun and valuable learning experience for the children.

School heavily subsidise all trips to try to keep cost to parents as low as possible. Although school can only ask for a voluntary contribution from parents toward the cost of school trips unfortunately without sufficient contributions they will not be able to go ahead.

Thank you for your understanding and support.

Swimming

Mr Hartley's class (6CH) will be going swimming on Wednesday 5th, 12th and 19th October. The children will leave school at 10.45am and arrive back at school during lunch time on these dates.

Thank you so much for your generosity and all of your donations for MacMillan Coffee Morning.



Parent Consultations

Parents evening is an important opportunity for you to discuss your child's progress and targets with their teacher. This term Parent consultation meetings will take place on Monday 17th October and Wednesday the 19 October.

A letter has been issued this evening with further details and all the information required to book your slot. You will be able to book your slot from 10am on Monday 3 October.

WEEKLY ATTENDANCE

Week commencing 19 September 2022



Well done to 4JB with 100% attendance last week, Amazing!!!

FSRA	1DD	2LG	2AR	3AW	3NC	4LT	4JB	5GS	5SG	6CH	6KL	
96.4	94.4	98.5	97.2	96.6	88.1	98.5	100	92.3	97.9	91.3	96.4	

School Census Day

Thursday 6th October 2022

The Children have all been voting this week from a selection of some of their favourite school meals.



The meal with the most votes, will be served at lunch time on 'Census Day' Thursday 6th October.

The winning meal, chosen by the children is.....

Chicken Nuggets and Chips

Exciting Announcement

Coming Soon...

(Start dates to be announced)

Family After School Club



What: Come and enjoy an after school snack, games, film, craft, toys. Tea & coffee available for adults.



Who: All year groups. St Basils families only.



When: Mondays & Thursdays.

Basil Tots

What: Lots of toys for all ages and stages, Story time/Song time, Tea, Coffee, Juice, Snacks.



Who: Parents and children aged 4 and under. Open to public, everyone welcome.



When: Wednesday mornings.

EMOTIONAL SUPPORT FOR PRIMARY SCHOOL CHILDREN - ADVICE FOR PARENTS AND CARERS

Have you noticed changes in your child's behaviour?

Everyone can often feel sad, angry or worried at times. But if these changes are lasting a long time or are greatly affecting your child, it might be time to seek some guidance.

There are things you can look out for that might suggest your child is worried about something:

- Significant changes in how they behave and act
- Problems sleeping such as getting to sleep, waking often and being tired all the time
- Being withdrawn or avoiding certain situations or people
- Not wanting to do things they usually enjoy
- Hurting themselves on purpose to help cope with difficult feelings

Before you seek help you might want to think about whether your child is getting everything they need to be healthy such as;

- A healthy balanced diet including plenty of water
- Enough sleep
- Plenty of physical activity and play
- A home where they feel safe and loved
- Friends, hobbies and interests

There are lots of places you can get advice and help to support you and your child.

For more information call the team on:

0300 029 0029

or visit www.haltonhealthimprovement.co.uk



@HaltonBC



Halton BC



The local Mental Health Info Point has details of support available for a variety of worries and concerns as well as info on how to look after your mental health and wellbeing. Scan the QR code on your smartphone to visit www.halton.gov.uk/mhinfopoint



If your child is in a mental health crisis you can contact the local mental health crisis line for free on **0800 051 1508**. Available **24/7** and can also support adults who need urgent mental health support.



Young Minds provide a **FREE** Parents helpline and web chat providing confidential expert advice

[Young Minds Parents Helpline.](http://www.youngminds.org.uk)

You can call for free on **0808 802 5544** from 9:30am - 4pm, Monday – Friday

www.youngminds.org.uk

YOUNGMINDS
The voice for young people's mental health and wellbeing

Speak to a School Nurse or Health Visitor via Chat Health text service. The number will operate between 9am and 5pm Mon-Fri and messages will receive a response within 24 hours



If your child is 5 and under you can text a health visitor on 07507 327025

If your child is 19 and under you can text a school nurse on 07480 635988

ADDvanced solutions support children, young people and families living with neurodevelopmental conditions. You don't need a diagnosis to access support.

Email: info@addvancedsolutions.co.uk or Tel: 0151 486 1788



Sometimes it's easier to talk to someone other than mum or dad. Make sure your child knows who else they can talk to when something is worrying them

18 and under? Childline provide support 24 hours a day 7 days a week via telephone, email and online web chat with a counsellor. Calls are free from mobiles and landlines and won't show on your bill

Call: 0800 1111

<https://www.childline.org.uk/get-support/>



Feeling anxious, worried or overwhelmed? SHOUT provide free confidential support via text 24 hours a day 7 days a week.

<https://giveusashout.org/>
Text REACH to 85258





Our Ambulance Academy launches today

It's [our free website](#) for children and young people. It contains everything you need to know about careers in the ambulance service, being healthy, learning lifesaving skills and staying safe in three handy sections:

Children's area (4-10 year-olds) – We've got lots of information and activities for the youngest members of our communities from what to do when somebody is hurt, and they need our help to how to stay safe. Whether they just like seeing our ambulances and the flashing blue lights or want to know the ins and outs – we've got all you pupils need to know about the ambulance service. We hope you or they never need us now or when they are older but just in case they do, we want them to be prepared. Don't miss our lifesaver stories, Panda's Puzzle downloadable crossword, colouring in activity sheets, [360-degree video](#) showing the inside of an ambulance and much more.

Young adults' area (11-18 year-olds) – Do you have any budding paramedics, emergency medical technicians, nurses, mechanics or press officers – if so we have all the information in this section your pupils will need to start planning their [careers in the ambulance service](#), as well as what options they may want to start thinking about in school.

We have information on apprenticeships, volunteering, tips on applying for a job and a quiz on what career might suit them. In this area they will also find advice about mental health, sexual health, road safety and staying safe when out and about.

Adults' area (educators/parents/carers) - This section is designed to be helpful to you as our region's teachers as you, as well as parents and guardians, are our main influencers for educating our children on the ambulance service.

Don't miss our downloadable [lesson plans](#) for early years, key stage 1 and 2 as well as a secondary PSHE lesson plan and resources. You can also find a guide on how to show young people first aid and a step-by-step guide on how to do CPR to support the 12+ Health Education curriculum.



If you have any questions about our Ambulance Academy, please email: communications@nwas.nhs.uk.



**WORKING TOGETHER.
BEING AT OUR BEST.
MAKING A DIFFERENCE.**